WHAT IS CLAIMED IS:

1. A nutritional supplement comprising: chlorella; and

an enzyme blend including select lysing enzymes and select microbial enzymes,

wherein the enzyme blend is effective to improve digestibility of the chlorella.

- 2. The nutritional supplement of claim 1 wherein the select lysing enzymes are effective to lyse fibrous components of the chlorella.
- 3. The nutritional supplement of claim 1 wherein the select microbial enzymes are effective to improve digestion of carbohydrate and protein components of the chlorella.
- 4. The nutritional supplement of claim 1 wherein the select lysing enzymes comprise hemicellulase, beta-gluconase and phytase.
- 5. The nutritional supplement of claim 1 wherein the select microbial enzymes comprise bromelain, protease 4.5, protease 3.0, lipase AN, peptidase, pectinase, amylase, cellulase and glucoamylase.
- 6. The nutritional supplement of claim 1 comprising about 85 to about 90 composition weight percent chlorella.
- 7. The nutritional supplement of claim 1 comprising about 10 to about 15 composition weight percent of the enzyme blend.
- 8. The nutritional supplement of claim 1 wherein the enzyme blend comprises about 2 to about 5 composition weight percent of select lysing enzymes.

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- 9. The nutritional supplement of claim 1 wherein the enzyme blend comprises about 95 to about 98 composition weight percent of select microbial enzymes.
 - 10. A nutritional supplement comprising:

about 88 composition weight percent chlorella; and

about 12 composition weight percent of an enzyme blend including select lysing enzymes and select microbial enzymes,

wherein the enzyme blend is effective to improve digestibility of the chlorella.

- 11. The nutritional composition of claim 10 wherein the select lysing enzymes are effective to lyse fibrous components of the chlorella.
- 12. The nutritional supplement of claim 10 wherein the select microbial enzymes are effective to digest carbohydrate and protein components of the chlorella.
- 13. The nutritional supplement of claim 10 wherein the select lysing enzymes comprise hemicellulase, beta-gluconase and phytase.
- 14. The nutritional supplement of claim 10 wherein the select microbial enzymes comprise bromelain, protease 4.5, protease 3.0, lipase AN, peptidase, pectinase, amylase, cellulase and glucoamylase.
- 15. The nutritional composition of claim 10 wherein the enzyme blend comprises about 3.5 composition weight percent of select lysing enzymes.
- 16. The nutritional composition of claim 10 wherein the enzyme blend comprises about 96.5 composition weight percent of select microbial enzymes.

about 85 to about 90 composition weight percent chlorella;
about 0.2 to about 0.75 composition weight percent of a lysing enzyme blend including hemicellulase, beta-glucanase, and phytase; and

A nutritional supplement comprising:

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about 9.5 to about 14.7 composition weight percent of a microbial enzyme blend including bromelain, protease 4.5, protease 3.0, lipase AN, peptidase, pectinase, amylase, cellulase and glucoamylase.

- 18. The nutritional supplement of claim 17 comprising: about 88 composition weight percent chlorella; about 0.4 composition weight percent of the lysing enzyme blend; and about 11.6 composition weight percent of the microbial enzyme blend.
- 19. The nutritional supplement of claim 17 provided in a capsule.
- 20. The nutritional supplement of claim 17 provided in a tablet.